

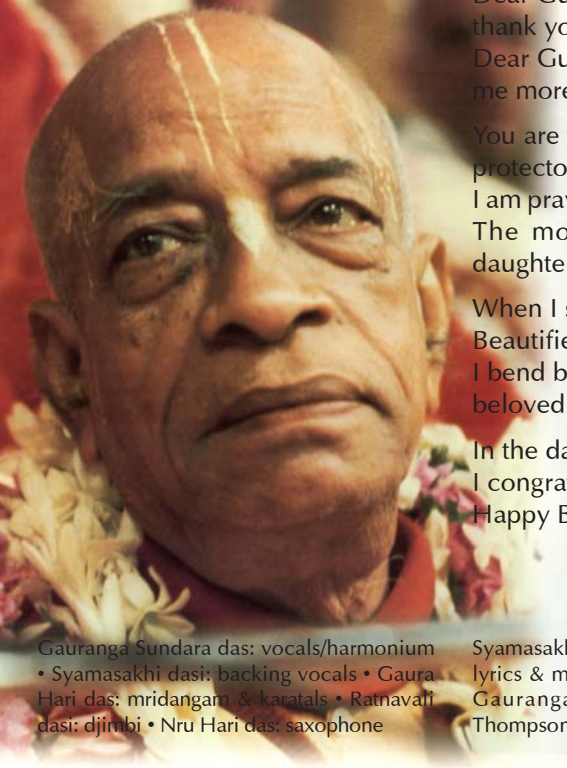
GIRI LAL BAND



FOLLOW YOUR HEART

1. HARE KRISHNA KIRTAN

(Vrindavan melody)



Gauranga Sundara das: vocals/harmonium
• Syamasakhi dasi: backing vocals • Gaura
Hari das: mridangam & karatals • Ratnavali
dasi: djimbi • Nru Hari das: saxophone

2. HAPPY BIRTHDAY, GURUDEV!

Dear Gurudev, I would like to
thank you for my life.

Dear Gurudev, You have saved
me more than once.

You are the ocean of mercy, the
protector of conditioned souls.
I am praying for the drop of Nectar.
The most fallen, your spiritual
daughter.

When I see your Lotus Face
Beautified with sweet smiles
I bend below Grace Gurudev, my
beloved master.

In the day of your appearance
I congratulate you.

Happy Birthday, Gurudev!

Syamasakhi dasi: vocals/acoustic guitar/
lyrics & music • Duncan Fisk: keyboards •
Gauranga Sundara das: flute • James
Thompson: violin

3. HARE KRISHNA (Prahlaḍ's melody)

HARE KRISHNA
HARE KRISHNA
KRISHNA KRISHNA
HARE HARE
HARE RAMA
HARE RAMA
RAMA RAMA
HARE HARE

“Oh Lord!
Oh energy of the Lord!
Please engage me
in Your service.”

Syamasakhi dasi: vocal, harmonium • Gaura
Hari das: mridangam • Ratnavali dasi: djimbi
• Gauranga Sundara das: karatals • Nru Hari
das: saxophone

4. GURUDEV: KRIPA BINDU DIYA

*Gurudev!
kripa bindu diya, koro ei dase,
trinapekha ati hina
sakala sahane, bala diya koro,
nija-mane spriha-hina
sakale sammana korite sakati
deho' natha! jathhajatha
tabeto'gaibo harinama sukhe
aparatha ha'be hat
kabe heno kripa, labhiya e jana
kritartha hoibe, natha!
sakti-budhi hina, ami ati dina
koro more atma-sath
jogyata-vicare, kichu nahi pai
tomara koruna sara
karuna na hoile, kandiya kandiya
prana na rahibo ara*

Syamasakhi dasi: vocals, harmonium •
Gaura Hari das: mridangam • Ratnavali dasi:
djimbi • Gauranga Sundara das: karatals •
James Thompson: violin • Duncan Fisk: key-
boards

4. GURUDEV cont. - (translation) 5. HARE KRISHNA KIRTAN

Gurudeva, Give to this servant
just a drop of mercy. I am lower
than a blade of grass. Give me all
help. Give me strength.

Let me be as you are, without
material desires or aspirations.
I offer you all respects, for thus
I may have energy to know you
correctly. Then, by chanting the
holy name in great ecstasy, all my
offences will cease.

When will such mercy fall to this
one who is weak and devoid of
intelligence? Allow me to be with
you.

If you examine me, you will find
no qualities. Your mercy is all that
I am made of. If you are not
merciful unto me, I can only
weep and I will not be able to
maintain my life.

**HARE KRISHNA HARE KRISHNA
KRISHNA KRISHNA HARE HARE
HARE RAMA HARE RAMA
RAMA RAMA HARE HARE**

Gauranga Sundara das: vocal, harmonium
• Syamasakhi dasi: backing vocal • Gaura
Hari das: mridangam • Ratnavali dasi: djimbi
• Nru Hari das: saxophone

6. NRISIMHADEV

*namas te narasimhaya
prahladahlada-dayine
hiranyakasipor vaksah
sila tanka-nakalaye*

*ito nrisimhah parato nrisimho
yato yato yami tato nrisimho
bahir nrisimho hridaye nrisimho
nrisimham adim
saranam prapadim*

I offer my humble obeisances to
Lord Narasimha, who gives joy to
Prahlada Maharaja and whose
nails are like chisels on the
stone like chest of the demon
Hiranyakasipu.

Lord Nrisimha is here and also
there. Wherever I go Lord Nrisimha
is there. He is in my heart and is
outside as well.

I surrender to Lord Nrisimha,
the origin of all the things and
the supreme refuge.



Syamasakhi dasi: vocal, harmonium • Gaura
Hari das: mridangam • Ratnavali dasi: djimbi
• Gauranga Sundara das: karatals • James
Thompson: violin

7.GOVINDA!

I am the radiance of the sun
I am the light of the moon
I am the offering, the fire and
the offering spoon.

refrain

O, Govinda within my heart
Let us never be apart.

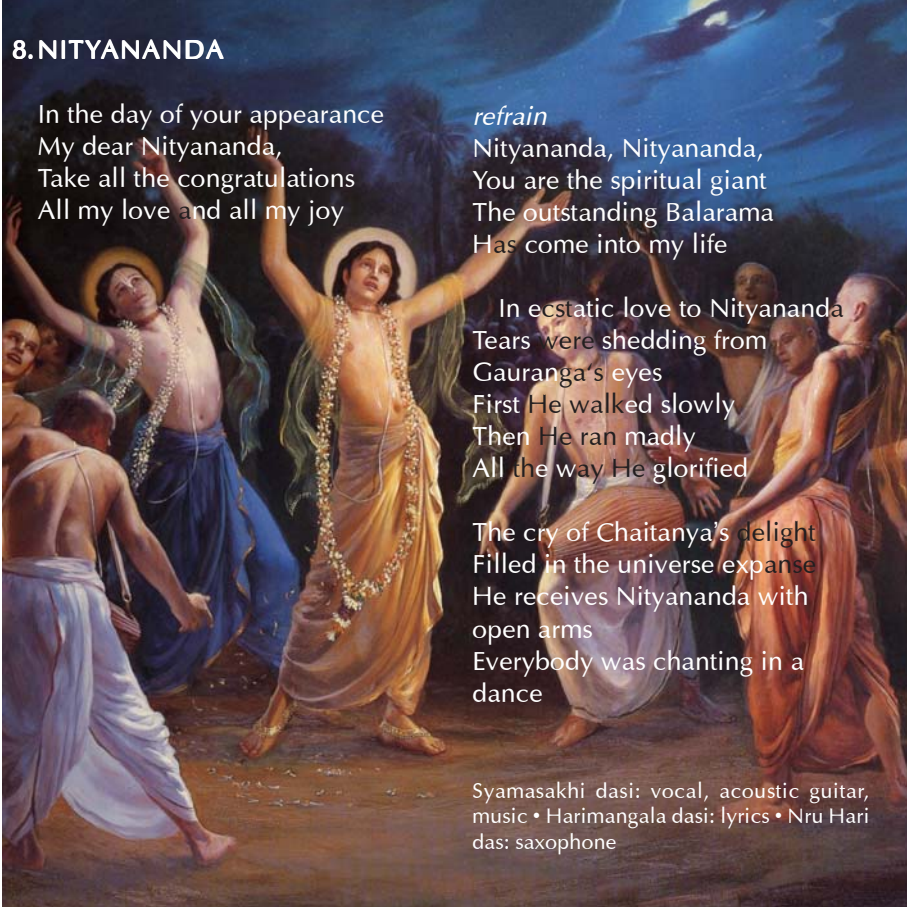
The sustainer, the ultimate goal,
The abode & the friend of all.
Airavata and the banyan tree,
The sun, the moon, so you can see.

Of creators I am Brahma,
Of the rivers I am the Ganga,
Among the beasts I am the lion,
Of subduers I am the time.

Of all the letters I am "A",
Of all the ladies I am fame,
Try to chant the holy name
You will never be the same.

Syamasakhi dasi: vocal, acoustic guitar •
Vaughn Fuller: backing vocal • Gauranga
Sundara das: flute, lyrics & music • Duncan
Fisk: keyboards

8. NITYANANDA



In the day of your appearance
My dear Nityananda,
Take all the congratulations
All my love and all my joy

refrain

Nityananda, Nityananda,
You are the spiritual giant
The outstanding Balarama
Has come into my life

In ecstatic love to Nityananda
Tears were shedding from
Gauranga's eyes
First He walked slowly
Then He ran madly
All the way He glorified

The cry of Chaitanya's delight
Filled in the universe expanse
He receives Nityananda with
open arms
Everybody was chanting in a
dance

Syamasakhi dasi: vocal, acoustic guitar,
music • Harimangala dasi: lyrics • Nru Hari
das: saxophone



GIRI LAL BAND

Gauranga Sundara das: vocal, harmonium, karatals, flute • **Syamasakhi dasi:** vocal, harmonium, acoustic guitar • **Gaura Hari das:** mridangam, karatals • **Ratnavali dasi:** djimbi
Nru Hari das: saxophone • **James Thompson:** violin • **Duncan Fisk:** keyboards • **Vaughn Fuller:** technical, recording engineer, backing vocal • **Vince Lane:** mix down.



ENQUIRIES: ISKCON Leicester, 21 Thoresby Street, North Evington (off Green Lane Road), Leicester, LE5 4GU • temple : **0116 2762587** • mobile : **07887 560260**

e-mail : gauranga@gauranga.org • website: www.gauranga.org

Produced by **Gauranga Sundara das**. Special thanks to **Giridhari prabhu** for his hospitality and the opportunity to record at the Festival Headquarters. Much appreciated. Very special thanks to **Pragnesh Lakhani** for his generous sponsorship of the album: "Our service is dedicated to Krishna and to the memory of our dear father, Shree Vajubhai Jamnadas Lakhani. Haribol, Pragnesh."

INTERNATIONAL SOCIETY *for* KRISHNA CONSCIOUSNESS
Founder-Fcharya : His Divine Grace A.C. Bhaktivedanta Swami Prabhupada

HARE KRISHNA
HARE KRISHNA
KRISHNA KRISHNA
HARE HARE



HARE RAMA
HARE RAMA
RAMA RAMA
HARE HARE

FOLLOW · YOUR · HEART

- | | |
|--|-------|
| 1. HARE KRISHNA KIRTAN
(Vrindavan melody) | 10:54 |
| 2. HAPPY BIRTHDAY, GURUDEV! | 4:19 |
| 3. HARE KRISHNA (Prahlad's tune) | 8:36 |
| 4. GURUDEV, KRIPA BINDU DIYA | 6:36 |
| 5. HARE KRISHNA KIRTAN | 6:37 |
| 6. NRISIMHADEV | 5:25 |
| 7. GOVINDA! | 4:01 |
| 8. NITYANANDA | 5:40 |

G I R I L A L B A N D

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BLACK

All white areas non-printed (SILVER)

For further information please contact: <http://www.gauranga.org>

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YOUR HEART**
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5. HARE KRISHNA • 6. NRISIMHADEV
7. GOVINDA! • 8. NITYANANDA

HARE KRISHNA HARE KRISHNA KRISHNA KRISHNA HARE HARE
HARE RAMA HARE RAMA RAMA RAMA HARE HARE